



**BUSHTOPS**

MARA SAFARI CAMPS

amani  
SPA & WELLNESS

# THE ULTIMATE SAFARI SPA JOURNEY OF LUXURY SENSATIONS

Welcome to Mara Bushtops' Amani Spa, where an unforgettable safari spa journey awaits you...

Relax in the lap of luxury at Amani Spa, a place of peace and tranquillity with majestic views of the pristine wilderness areas of the Masai Mara. Experience a world filled with treasures of mother nature and indulge in our unique holistic body, skin and beauty rituals, rejuvenating massages and soothing treatments, blending ancient wisdom with modern technology to rediscover total peace of mind, body and soul.





# **SPA ETIQUETTE**

## **SPA FACILITIES:**

Amani offers all guests the use of its facilities. In keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

## **PUNCTUALITY:**

Guests are requested to arrive at least 20 minutes prior to their treatment time to complete a consultation card.

A late arrival may result in a shorter treatment or possibly even a forfeited treatment.

## **SPA OPERATING HOURS:**

From Monday to Sunday, including public holidays.

## **SPA TREATMENTS:**

All treatments are subject to therapists' availability. Prices are subject to change without notice and are inclusive of VAT.

## **CONSULTATION:**

Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note, that certain treatments are not permitted for women within their first trimester of pregnancy.

## **CHANGE ROOMS:**

You will be provided with a locker for your personal items. A gown and a pair of slippers may be used for the duration of your visit to the spa.

## **SAFETY REGULATIONS:**

We recommend that you do not wear any jewelry during your visit and that you keep all valuables (including cell phones) safe in your room.

## **PAYMENT:**

All treatments are to be signed for and added to your camp bill for settlement when you depart.

## **AGE RESTRICTION:**

All guests over the age of 16 are welcome for treatments and the use of our facilities.

## **DRESS CODE:**

The spa has a no-nudity policy. Swimming costumes must be worn when using the hydro and pool facilities.

## **CANCELLATION POLICY:**

A booking cancellation fee of 50% will be charged on all bookings cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged.

## **DISCLAIMER:**

Every person entering the spa or using the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani Spa & Wellness, its management or therapists, and/ or Mara Bushtops Camp shall not be held liable or responsible, whether jointly or severally, for any loss, injury or death, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.

# AMANI SIGNATURE SPA TREATMENTS

**KURHULA RITUAL** 90 minutes \$170  
Discover your Kurhula, “inner peace”, with our signature holistic body treatment - a lavish full body massage, using our signature coconut massage balm, flowing into a revitalizing mini facial bringing balance to your body, mind and soul

**JEWEL OF AFRICA** 90 minutes \$157  
Experience this unique African massage using Ancient African Warrior Sticks to deliver long deep pressure strokes to ease away tension and stimulate circulation. Warm oils and flowing movements work together to balance energies, release emotional stress and leave you with a feeling of complete relaxation and wellbeing.

**THE JETSETTER** 60 minutes \$108  
Blending a tension-releasing mineral-rich foot soak and polish on the legs and feet followed by a relaxing Back, Neck & Shoulders Massage for a rich, rejuvenating experience.

# HAND & FOOT RITUAL

**HAND RITUAL** 45 minutes \$45  
A luxurious hand treatment including a soak, scrub, cuticle care, nail shaping and hand massage to leave your hands and nails beautifully pampered and conditioned.

**FOOT RITUAL** 45 minutes \$47  
Enjoy a rejuvenating foot soak and scrub, followed by a foot massage to induce relaxation, improve circulation and soften dry skin.

**POLISH APPLICATION** 20 minutes \$11

**PRESSURE POINT FOOT MASSAGE** 30 minutes \$47  
Focusing on the tender muscles of the lower legs and feet to alleviate tension build-up and improve circulation to give you a renewed bounce in your step.

# MASSAGE COLLECTION

**CLASSIC SWEDISH MASSAGE** 60 minutes \$90 or 90 minutes \$140  
A flowing massage using gentle-to-firm pressure and pace, providing immediate relief to aching muscles, improving circulation and reducing stress.

**DEEP TISSUE SPORTS MASSAGE** 60 minutes \$100 or 90 minutes \$150  
A powerful massage focusing on the deeper layers of muscle & connective tissue to alleviate deep-seated tension and muscular stress.

**STRESS RELEASE AROMA WELLBEING MASSAGE** 60 minutes \$95 or 90 minutes \$145  
A fragrant floral blend of Geranium, Bergamot, & Lavender subtly calms your physical body, refreshes, and invigorates your mind, and gently lowers cortisol levels to reduce anxiety and stress.

**SLEEP WELL AROMA WELLBEING MASSAGE** 60 minutes \$95 or 90 minutes \$145  
A delicate blend of Lavender, Chamomile & Geranium creates a dream catcher’s delight as you drift off into a blissful state that enhances deep sleep and restores your natural sleep patterns.

**LEFIKA HOT STONES MASSAGE** 60 minutes \$100 or 90 minutes \$150  
A calming massage using natural stones and organic coconut oil as an extension of the therapist’s hands to instil a feeling of balance and relaxation.

**AFRIQUE GOLD MASSAGE** 90 minutes \$160  
This lush nourishing massage using Terres d’Afrique’s rich shea butter affords profound relaxation, while the essential fatty acids and vitamins rehydrate, recondition and revitalise your body from head to toe.

**IKETLA BACK MASSAGE** 30 minutes \$62 or 60 minutes \$102  
A rejuvenating massage concentrating on the common areas associated with stress and tension, such as stiff neck, painful lower back and tight shoulders.

**MOM-TO-BE MASSAGE (\* Only after 1st trimester)** 30 minutes \$68 or 60 minutes \$109  
A nourishing Back or Full Body massage thoughtfully created with specialised massage techniques to ease tension in areas prone to muscular pain and fatigue during or after pregnancy.

# LUXURIOUS BODY CONDITIONING

## MARA PANGO

45 minutes \$95

Mara Pango (meaning ‘cave’ in Kiswahili) is a holistic cleansing, soothing, and healing ritual that will leave your inner and outer body restored with a reconnected body and mind. Relax in the steam room with an application of therapeutic mud on the body and face, removing impurities and conditioning the skin. A calming rain shower washes away the mud, leaving you cleansed and renewed and your skin silky soft.

## AMANI BODY POLISH

60 minutes \$100

Enjoy the exfoliating and cleansing experience of a body polish specially formulated to slough away rough dry skin and assist in the cell renewal process, leaving the skin radiant and soft to the touch. This luxurious treatment is completed with a choice of either a back massage or pressure point foot massage.

## DETOX & SLIMMING JOURNEY

90 minutes \$150

This highly effective slimming treatment is designed to reduce bloating, cellulite and water retention. The exfoliating mud wrap followed by a full body slimming massage, assists with detoxification in the body and releases muscle tension while rehydrating and toning the skin.

## AGE-DEFYING BODY RITUAL

90 minutes \$155

An intensive anti-ageing body treatment, with its combination of antioxidant-rich rooibos and baobab fruit extracts combined with the natural moisturising oils in this unique body mask, reduces the negative effects of free radicals and inflammation.

# TERRES d’AFRIQUE FACIALS

*A unique organic skincare range that takes its inspiration from the traditional use of African plants, creating a balance of mental and physical reconnection of your soul with nature.*

## AFRIQUE AWAKENING

45 minutes \$97

A rejuvenating facial where hydrating, detoxing and anti-ageing African botanicals, enhanced by signature massage techniques, smooth away signs of life’s jetlag, leaving your skin refreshed, radiant and glowing.

## AFRIQUE ARISING

60 minutes \$119

A hydrating facial that brings life to the skin, special massage techniques allow the omega-rich Terres d’Afrique oils and linoleic acids to hydrate and regenerate the deeper layers of the skin. Vitamins from the baobab assist in restoring the skin’s elasticity, leaving it supple, plumped and smooth to the touch.

## AFRIQUE RESTORED

60 minutes \$116

This detox facial treatment begins with a combination of deeply relaxing massage and shiatsu pressure points of the face, stimulating the lymph drainage that helps eliminate toxins and reduce congestion. A cleansing mask extracts heavy metals and toxins from deep within the epidermis. Leaving the skin ready to soak in omega-rich botanicals for a naturally radiant look.

# PAMPER JOURNEYS

## ROMANCING THE BUSH

2.5 hrs for two people \$375

Your romantic journey begins with a relaxing *Mara Pango*, a holistic cleansing, soothing and healing retreat, followed by Amani’s signature *Kurhula Ritual*, leaving your inner and outer body restored with a reconnected body and mind.

## FEAST FOR THE SOUL & SENSES

3 hrs \$227

Discover a little African magic and experience Amani’s signature *Jewel of Africa Massage*, using ancient African warrior sticks, warm oils and flowing movements to balance energies, releasing emotional stress and leaving you feeling completely relaxed and rejuvenated. Proceed with a *luxurious regenerating facial and scalp massage*, followed by a relaxing *pressure point foot massage*.

## INDULGENCE JOURNEY

4 hrs \$335

Surrender to a day of head-to-toe pampering. Begin your journey with a *hydrating body polish* and relaxation in the *hydro tub* followed by an *Aroma Wellbeing Massage*, a rhythmic gentle full body massage with therapeutic aromatic plant oils to relax the body, calm the mind and connect with your soul. Enjoy a luxurious facial completed with a nourishing hand and foot ritual with a polish application.

## JEWEL OF AFRICA BUSH BATH

2 hrs - one person \$200 or two people \$345

Unwind in the *bush bath* with a magnificent view of the African bushveld and soak away all your stresses. Indulge in our signature *Jewel of Africa Massage* to balance energies, release emotional stress and leave you feeling totally relaxed and rejuvenated.









